We are inviting you to join us as a Representative of Zenon Park in the

2015 Fun Fitness Challenge

It is time to get active whether it's walking, running, biking, dancing, skiing, skating, swimming, lifting, playing Wii, dancing, karate, hockey, soccer, swimming, bowling, snowshoeing, fitness classes or curling.
Don't forget snow-birds and vacationers, your time counts too!!

The Tri-Unity Fun Fitness Community Challenge starts January 1st, 2015!!

The community that logs the most minutes of physical activity from **January 1st to March 31st, 2015** will receive **$1,500.** Record your time and help to raise some funds for your community.

The money is planned to go to the development of walking trails in a park development adjacent to the Zenon Park Community Hall. Zenon Park had been awarded $6,000.00 in 2010 as the winning community of the Fun Fitness Challenge. These funds are currently being held in trust until a planning committee is formed and we can move ahead with the development.

To join the Fun/Fitness Challenge is simple:

- There is no cost to participating but the benefits to you are many
- Recruit as many of your friends/family as you can to join you
- If you are from the community of Zenon Park, your minutes of physical activity count for our community no matter where they take place. Make sure to record them on your personal calendar log.
- Be a *Mover and a Shaker* for three months.
- Send the final tally sheet back to the Village Office by **April 5, 2015.**

Use this challenge as a warm up or stepping stone to participating in the **Tri-Unity Challenge**, our successful multi-level marathon on **August 08, 2015**.

Pick up your Fun/Fitness personal calendar log at the Village Office or log into the Tri-Unity Website at www.tri-unity.ca and create an account or log into your existing account.

What do you say - join us for our Fun/Fitness Community Challenge and experience the benefits!

For more information, contact your community rep:

Lisa LeBlanc   Zenon Park   767-2233

The funding for this challenge is raised by way of the Tri-Unity Challenge Multi-K race held every August.