

ADULT • 21KM • 10KM • 5KM • 3KM YOUTH • 3KM

Start time for 21KM runners @ 7:30 a.m. All other start times @ 8:00 a.m.



Register at www.tri-unity.ca or box 501 • carrot river, SK • SOE 0L0 registration deadline July 10, 2015

THANK YOU TO OUR AMAZING PARTNERS

- Town of Arborfield
- Town of Carrot River
- Village of Zenon Park

- Pasquia Park
- Kelsey Trail Health Region
- Tri-Unity Committee Volunteers